



VIOLENCE AND AGGRESSION

EXAMPLES OF VIOLENCE AND AGGRESSION

- Yelling, swearing, insulting comments
- Throwing objects
- Making verbal threats
- Any form of indecent physical contact
- Biting, spitting, scratching, hitting, or kicking
- Punching, pushing, shoving, tripping, or grabbing
- Engaging in aggravated assault.
- Threatening someone with a weapon.

The types of violent (and traumatic) events can vary depending on the type of work, industry and location of the workplace. Some of examples include:

- robbery
- physical and verbal assault from customers, clients or patients
- witnessing or experiencing stressful events including death, grief, suicide, accident or injury
- ongoing bullying
- severe weather events and natural disasters, such as bushfires and floods
- workplace accidents, injuries or deaths
- downsizing or mass redundancies
- terrorism.